



सत्यमेव जयते

Government of India

Ministry of Health and Family Welfare

Skill Development Programme Under Health Care Sector

Family Welfare Training & Research Centre, Mumbai

Report of

First Responder Course

22nd - 25th January 2018



Mumbai



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Ministry of Health and Family Welfare
Skill Development Programme for Health Care Sector.

Family Welfare Training & Research Centre, Mumbai

FIRST RESPONDER COURSE

From 22nd to 25th Jan.2018

1. Background:

Family Welfare Training and Research Centre, Mumbai, is a Central Training Institute under Ministry of Health & Family Welfare, Govt. of India, New Delhi. As per the Ministry of Health & Family Welfare (Govt. of India) guidelines for Skill Development Programmes for Health Care Sectors FWTRC, Mumbai conducted First Batch of training programme for **First Responder Course**. The course was developed by the Training Division, Ministry of Health & Family Welfare (Govt. of India).

First Responders provide a service in an environment requiring special skills and knowledge. They also serve as liaisons with other emergency services. This curriculum includes skills necessary for the individual to provide first aid with a limited amount of equipment. Specifically, after successful completion of the program.

2. Objectives of First Responder:

1. To recognize the seriousness of the patient's condition or extent of injuries to assess requirements for first aid;
2. To administer appropriate first aid for life threatening injuries related to airway, breathing and circulation;

Number of participants attended the course: 8 (from the state of Maharashtra and Arunachal Pradesh) (list of Participants attached).

3. Inaugural Programme:

The course was inaugurated **on 22nd Jan.2018** at FWTRC, Mumbai. The inaugural programme was attended by the Guest Mr. Prakash Charhate, Dy. Education Officer & Project Officer, Bruhanmumbai Municipal Corporation, and the Guest of Honor Dr. K M Soni, Chief Engineer, West Zone I, CPWD, Mumbai along with Dr. Deepak Raut, Director, & Dr.N.R.K.Behera, Additional Director, FWTRC, Mumbai, Faculties, Staff and students.

Dr. Deepak Raut, Director, FWTRC, Mumbai, inaugurated the programme and welcomed the guests on dais, participants and briefed about First Responder Course. He informed participants about designing of this course done very meticulously by the team of FWTRC as per the curricula provided by MOHFW (Govt. of India)

Dr. K.M.Soni in his speech said that the First Aid skill is very important for everyone in their day to day work, in handling emergencies at any situation for saving the life of human being. Mr. Prakash Charhate in his speech emphasized about the skill based training initiated by FWTRC, and how it can save many lives by knowing the right skill and approach as a first responder. Being an educationist he too has been trained as a first responder and showed his interest to teach to the students about first aid skills.

Inaugural Program



Dr. Deepak Raut, Director, FWTRC, Mumbai, Welcoming Guest of Hon. Dr. K. M. Soni, Chief Engineer, CPWD by presenting him flower bouquet on the occasion of Inaugural Program of First responder Course on 22nd Jan 2018.



Dr. Deepak Raut, Director, FWTRC, Mumbai, Welcoming Guest Shri. Prakash Charhate, Deputy Education Officer, BMC by presenting him flower bouquet on the occasion of Inaugural Program of First responder course on 22nd Jan 2018.



Guest of Hon. Dr. K. M. Soni, Chief Engineer, CPWD, Inaugurating First responder course by Lighting the Lamp, in the presence of Dr. Deepak Raut, Director, FWTRC, Mumbai on 22nd Jan 2018.

4. Technical Session:

The course started with the introductory session on healthcare and hospitals, EMS system followed by various sessions conducted as theory and hands on skills at FWTRC, Mumbai, (as given below) with the detail assessment given to them on each topic.(copy of Technical Sessions attached).

- Professionalism & values
- Legal & Ethical Issues
- Wellbeing of the First Responder
- Brief overview of body systems,
- Patient Assessment
- Assessment of Airway
- Assessment of Circulation
- Disaster preparedness and Management ,Disaster Risk Reduction
- Bleeding and soft tissue injuries
- Injuries to muscles and bones
- Handling medical emergencies
- Common illness and minor injuries
- EMS Operation
- Assessment of the students done through the MCQ, demonstrations and practical sessions.
- In addition visits were organized to KEM Hospital, Parel, Mumbai for the Cardio-Pulmonary Demonstration in their skill lab and in the City Institute of Disaster Management (CIDM), Parel, Mumbai to learn about mass emergency handling.

Technical Session at CIDM, Parel



student demonstrating the Arm Sling bandage .



students demonstrating Log Rolling method of transporting the injured person



students demonstrating the stretcher lifting method of transporting injured person



students demonstrating two handed seat for lifting injured person

Technical Session



Demonstration of Automated External Defibrillator Technique at KEM Hospital, parel Mumbai.



CPR Demonstration to the students of First Responder Course by Dr. Sanjeeta Umbarkar, Professor, at KEM Hospital, parel Mumbai.



Student Demonstrated Head Tilt and Chin Lift Technique during CPR Training at KEM Hospital, parel Mumbai.

5. Valedictory Session: The 4 days training programme concluded with the valedictory function on **25th Jan. 2018** in the presence of Dr. Deepak Sule, Port Health Officer, as the Honorable Guest and Dr. Deepak Raut, Director, FWTRC, Mumbai. Mrs. Asha Khandagale, Course Co-ordinator gave a detail feedback about the 4 days course. The Participants also gave a very positive feedback and said that this course has built their capacity and has given confidence to handle any emergency situation in their day to day life. They expressed their gratitude towards Ministry of Health & Family Welfare (Govt. of India) and Family Welfare Training and Research Centre, Mumbai for organizing the skill based First Responder training course. Students were awarded the certificate of First Responder by Dr. Deepak Raut, Chief Guest, Dr. Deepak Sule, Honorable Guest and Dr. N.R.K. Behera, Additional Director, FWTRC, Mumbai. Dr. Deepak Raut congratulated all the students for successfully completion of the course and encouraged them to help and support victims of accident, emergencies and life threatening incidences with the talent they acquired in this course of First Responder. He

also said that they have to set an example for others and encourage them for developing such skills which is a need of an hour. Dr. Deepak Sule, in his valedictory address stress the importance of the right skills in handling casualties in emergency situation which can save many lives. Thus skill development in a First Responder is very important.

Valedictory Program



Valedictory Address by Chief Guest Dr. Deepak Raut, Director, FWTRC, Mumbai, on the occasion of Valedictory session of First responder course.



Speech of Hon. Guest, Dr. Deepak Sule, Port Health Officer on the occasion of Valedictory session of First responder course.



Training Feed Back by the Student Mr. Mahendra waghmare, from Jalna, MH during Valedictory session.

The programme ended with vote of thanks by Mrs. Rosy Joseph to the Training Division of Ministry of Health and Family Welfare, all the Faculty members of the course including the external experts, Director Dr. Deepak Raut, and his team of FWTRC who finalized the programme and successfully organized and conducted the training workshop in a professional manner and all the departments who supported for the success of this course. We look forward to conduct many more such courses in future.

**Group Photo of First Batch of First Responder Course
22nd - 25th January 2018**



Sitting (left to right) - Dr. Dhaval Thorat , Dr. Deepak Sule, Prof .(Dr.) Deepak Raut (Director), Dr. N. R. K. Behera, Dr. Suparna Kherra.

Second Row - Ms. Rosy Joseph, Mr. Damodar Andher, Mr. pramesh Bhoje, Mr. Shailesh Waghate, Mr.Anmol chavhan, Miss. Ankita Khandagale, Mrs. Minakshi Mane, Mr. Mahendra Waghmare, Dr. Sudhir Wanje, Ms. Asha Khandagale, Dr. Amol Ade, Mrs. Tejaswini Meshram, Dr. satyajeet Sen

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