

Government of India
Ministry of Health & Family Welfare
Family Welfare Training & Research Centre
332, S.V.P. Road, Mumbai –04

Annual report for 2018-19
Family Welfare Training & Research Centre, Mumbai

Introduction

Family Welfare Training & Research Centre (FWT&RC), Mumbai is the first Family Planning Training Centre under the Union Ministry of Health & Family Welfare established in June 1957. As a Central Training Institute, it conducts in-service training for Medical and Para-medical personnel across the country in key Public Health Issues to enhance their knowledge and skill for better delivery of health care services. FWTRC is also involved in capacity building of Public Health workforce in Primary Health Care, Family Welfare, Reproductive & Child Health, HIV/AIDS and National Health Programmes.

FWTRC regularly conducts two residential one year duration training courses i.e. **i) Diploma in Health Promotion Education (DHPE) and ii) Post-graduate Diploma in Community Health Care (PGDCHC)** for para-medical workers. Both the courses are affiliated to the International Institute for Population Sciences (IIPS), Mumbai, a Deemed University under MoHFW.

FWTRC is involved in community-based research work in the field of Health & Family Welfare, Population Science, HIV/AIDS etc. in rural and urban areas. Training programmes, workshops and seminars are conducted for the medical and para-medical personnel from the Governmental and Non-governmental Organizations. The Centre also accepts the international students sponsored by WHO for the formal training programmes.

Activities conducted-

1. Training :

i) Regular courses-

a) Diploma in Health Promotion Education (DHPE):

Twenty one trainees admitted in the course in academic year 2017-18 from states of Maharashtra, Orissa, Telangana and A & N Islands successfully completed the course. The 32th batch of DHPE comprising of 22 trainees belonging to the states of Maharashtra, Odisha, Andhra Pradesh, Telangana, Madhya Pradesh and Nagaland commenced since June 2018 and will complete the course in May 2019.

b) Post-graduate Diploma in Community Health Care (PGDCHC):

The 8th batch PGDCHC with trainees from Maharashtra & Nagaland successfully completed training in May 2018. The 9th batch commenced from June 2018 and will complete the course in May 2019.

ii) Skill development training courses-

FWTRC has undertaken five Skill Development Training Programmes as identified by MoHFW which are as follows-

- i. Sanitary inspector – 12 months duration
- ii. Diabetes Educator - 3 months duration
- iii. Home Health Aide - 4 months duration
- iv. General Duty Assistant - 4 months duration
- v. First responder – 4 days

The first batch of Sanitary Inspectors course has already completed in May 2018 and second batch has commenced since June 2018 onwards. In addition, thirteen batches of First Responder course have been conducted so far and 241 personnel have been trained at FWTRC. Nomination for other skill development courses has been called for and are going to start soon.

2. Trainings/Workshops/Seminars/International Health Days:



- i) **TB Symposium:** On the occasion of 61st Foundation Day of FWTRC, a Symposium on “**Newer Strategies towards TB Free India-2025**” was organized on 6th July involving eminent dignitaries & experts in the field of TB, Faculties, Post-graduate students & Scholars from Medical Colleges, MoHFW, Teaching Institutions & NGO’s.

- ii) **Health Governance & Leadership Executive Program:** Two days training was organized by FWTRC in collaboration with SingHealth, Singapore Government and govt. of Maharashtra on 7th & 8th September 2018. Participants were health administrators from the state of Maharashtra like Civil Surgeons of District Hospitals, Medical Superintendents of Rural Hospitals, Sub-districts Hospitals and Mental/Women’s/Super-specialty Hospitals.



- iii) National Consultation for Social and Behaviour Change Communication (SBCC):** FWTRC, Mumbai, in collaboration with the UNICEF Maharashtra, organized one day “National Consultation Social and Behavior Change Communication: Institutionalizing within the health system through FWTRC, Mumbai” on 1st March, 2019. Participants were senior officers from Mumbai Municipal Corporation, Senior IEC officers of Maharashtra State, Head of depts. and senior faculty from Dept. of community medicine from Medical colleges and UNICEF.
- iv) IEC activities:** IEC activities on various diseases like Diabetes, Dengue, Effects of tobacco, Domestic Accidents and Environmental Sanitation were carried out in the community with participation of the trainees.
- v) Placements:** Students from various government institutes/NGOs were placed for internship programme at FWTRC.
- vi) International Health Days:** Important International Health Days were being observed regularly at FWTRC. During the year, during the International Health Days, seminars, talk by eminent speakers, symposium were organized. Poster exhibition for faculty and general public were also arranged.

3. Research/Evaluation activities:

- (i) Evaluation activities and research were conducted in FWT&RC field area in various areas namely Diabetes, Hypertension, Cardiovascular diseases and drug abuse as part of training and concurrent field activities.
- ii) Community based Epidemiological study was conducted on Advocacy, Communication and Social Mobilization in TB by the trainees in the states of Maharashtra, Odisha, Telangana, Nagaland and A & N Island as part of their training programme.

4. Clinical Services:

FWTRC, Mumbai caters RMNCH+A services through its clinic. Following outpatient services were offered to patient free of cost-

- i. Mother & Child Health services: ANC, PNC, Family Planning services including IUD insertion, RTI/STI management, management of common childhood illness etc.
- ii. Counseling to patients and their family members on family welfare.
- iii. Immunization to under five children as per the Universal Immunization Programme.
- iv. Adolescent, Reproductive & Sexual Health services.
- v. Laboratory services.
- vi. Health talks during immunization sessions on various aspects of antenatal & post-natal care, nutrition, personal hygiene, sanitation and communicable diseases.

5. Yellow Fever Vaccination Centre:

FWTRC, Mumbai is one of the four authorized Yellow Fever Vaccination Centre in Mumbai identified by Directorate General of Health Services, MoHFW for yellow fever vaccination to facilitate international travelers visiting to yellow fever endemic countries. The Centre was established in May 2016. Total 2549 passengers have been vaccinated from Jan 2018 to March 2019.

7. Hindi Raj Bhasha Vibhag:-

Rajbhasha Vibhag established at FWTRC works to encourage and improve the use of Hindi language in the official work. Regular Quarterly Meetings were held Hindi Raj Bhasha Vibhag to promote use of Rajbhasha in official work. All the quarterly and six monthly reports were sent online regularly. Hindi Pakhwada was celebrated from 14th September 2018 to 30th September 2018. Various activities have been organised for the Faculty, Staff and students like essay competition, exhibition, prashnamanch, translation with typing, power point presentations and workshops on diverse topics. The six monthly Nagar Rajbhasha Samitee meetings was attended by Director and Hindi officer of the institute.

8. Renovation of existing building of FWTRC:

The existing old building of FWTRC at Khetwadi is being renovated as per the energy efficient norms. Work of renovation of the building has been awarded to CPWD and is under progress. The work is expected to be completed by December 2019.

9. New FWTRC campus:

For developing better infrastructure for expanding the Centre's activities and enhancing the quality and quantity of training for medical & paramedical personnel, the New Institutional & Hostel Complex of FWTRC is being established at New Panvel, Navi Mumbai. The construction work is almost complete and the campus will be operational from June 2019 (academic year 2019-20).



Construction of New institutional Building is almost complete and the new Academic Courses is plan to start from 1st June, 2019 in the new Campus.



The construction work of residential quarters of FWTRC at New Panvel has been started and is expected to be completed within a year.

10. Institute website:

The official website of FWTRC, i.e. www.fwtrc.gov.in has been redesigned recently. In addition to all basic features, the website offers on-line form submission for regular as well as skill development courses to the trainees. For Yellow Fever vaccination, passengers on-line appointment and on-line payment gateway facility has been made.

11. Up-gradation of FWTRC:

To achieve Sustainable Development Goals 2030, the Public Health System in India needs to be strengthened through deployment of well-trained and competent public health professionals at various levels in the health sector. Such inter-disciplinary public health workforce can also advance the vision of Universal Health Care in the country. To address the above concern, FWTRC plans to start new courses like Master's in Public Health (MPH) and MD in Community Health Care (CHC) in 2019 at the new campus at New Panvel, Navi Mumbai.

